



Carol Fabrizio
Consultant

Areas of Expertise

*Executive Coaching, Facilitation, Succession Planning/
Transition Consulting
Leadership Development*

Client Impact

CEO, Health & Wellness Developed clarity around business priorities, set long-term business ownership strategy and reputational strategy.

Director of Human Resources, Hospitality Developed more self-confidence, a more substantial executive presence, and a more impactful leadership voice.

Executive Director, Non-Profit Improved communication, interpersonal and relationship-building skills.

SVP of Sales, National Hospitality Company Solidified priorities for team assessment and development while simultaneously setting personal growth goals.

Background

Carol is a leadership consultant, team facilitator, executive coach and entrepreneur. She focuses on helping individuals and teams consciously decide who they want to become, and then facilitates the process to make that transformation happen.

Carol's work spans across levels and organizations, from the C-suite to director level, big four firms to start-ups. In her one-on-one work, she works closely with leaders to help them identify their core values, improve their leadership, create a vision for their future, and build fulfilling lives and careers. With leadership teams and in focused group work, Carol helps leaders improve their team dynamics and gain organizational clarity by facilitating workshops on a number of topics, including strategic planning, roles & responsibilities, team communication, effective feedback, and managing conflict.

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Carol previously served as the Chief Communications and marketing Officer for USA Gymnastics, where she oversaw communications, marketing, events, and partnerships. Prior to that, she spent nine years with Vail Resorts in Colorado, where she started as in-house legal counsel before moving on to become the first Chief of Staff to the CEO and then Vice President of Communications and Marketing Operations. Before joining Vail Resorts, Carol started her legal career as an attorney with Gibson Dunn in Los Angeles. In addition to her work, Carol previously served on the Colorado Civil Rights Commission and the Board of Directors for The Girls Athletic Leadership School of Denver (GALS). Carol holds a Bachelor of Arts in international relations and a Juris Doctor, both from the University of Southern California, and is currently studying at Penn State University for her Master's in the Psychology of Leadership.

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Kairos Insights

Cultivating Healthy Organizations & Capable Leaders