Kairos Insights

Consulting that capitalizes on moments of opportunity and decision.

Our Team | Mark Griffin



Mark is a recovered banker and international athlete, come social entrepreneur, focused on working with senior leaders and their teams to optimize performance and impact. As a coach, facilitator and consultant Mark is totally committed to unlocking his clients' potential. Mark's dynamic, engaging and curious style meets people where they are at, inspiring them to unearth the essence of what matters most to them to fuel their performance and experiences beyond their desired aspirations and ambitions. As a Kairos Senior Consultant, Mark has designed and delivered programs to successfully guide clients through culture change, leadership development, team performance and stakeholder engagement initiatives.

Areas of Expertise

- Executive coaching
- Team coaching & facilitation
- Team & leadership development
- Organizational development
- Change Management

Client Impact

Leadership Development Fortune 500 FMCG Company– Designed and delivered innovative program of workshops and individual coaching for Heads of Department and 250 of their team members to optimize individual and team meaning, belonging, contribution, productivity and performance.

Team Performance, Fast Growing Tech Co,

UK: Design and facilitation of performance improvement program for a high performing sales team. Increased cohesion, understanding, alignment to organizational objectives, plus collective contribution.

Strategy Execution, Partner Cohorts, Big4 Professional Services: facilitation of multiple cohorts of partners, focused on building mindsets and behaviors that optimally embed the core tenants of strategy through people, to drive growth. Throughout his 25+ year career, Mark has held various roles in client management, sales, business development, professional development and board development, from within big finance to sports & social enterprise.

As a coach and facilitator, Mark re-ignites his athlete instinct to inspire people to unlock their potential while nurturing the purpose, principles, ambitions and impact they need to succeed. Mark helps clients step back from the day-to-day to gain perspective, engaging with them compassionately and with a sense of wit, to reframe their focus and develop the skills they need to leverage their strengths, improve their performance and optimize their impact on others.

Hailing from the UK, Mark holds an honors degree in business and social science from the University of Durham and a financial services degree from UMIST.

Prior to his purposeful work in professional services, Mark received a medal (MBE) from Her Majesty the Queen of England as recognition for his dedication to youth development in the USA, as the founder of an award winning non-profit organization which used sports as a transformational vehicle through which over 25,000 young people from underserved urban communities realized their potential. He currently services as a Trustee on the board of DFY – a similar organization based in London.