



Kristy L. Farewell

Founder & CEO

Areas of Expertise

Strategy Design, Development & Implementation

Senior Leadership Team Cultivation

Executive & Leadership Coaching

Organizational Development

Public Speaking

Client Impact

President, Financial Services. Improved talent development and mobility through a 12-month talent development and placement program.

Dean's Team, School of Medicine. Led an organizational assessment that resulted in restructuring, targeted team development, and improved employee engagement.

CHRO, Healthcare System. Facilitated strategic alignment sessions that improved transparency, priority alignment, and trust.

Partner, Consulting Firm. Provided executive coaching to support onboarding, improve strategic leadership capabilities and prepare for promotion to partner.

Background

Kristy's consulting and coaching clients range from newly appointed leaders to seasoned executives and leadership teams from various sectors, including Healthcare, Academia, Pharmaceutical, Financial Services, and Government. A sample of organizations where she has served leaders includes Duke University Health System, Washington University, Barnes Jewish Hospital, Wake Forest Baptist Health, University of North Carolina, Highmark Health, Tesaro (now a part of GlaxoSmithKline), Boehringer Ingelheim (USA), Bayer, Merck Animal Health, PNC Financial Services Group, Truliant Federal Credit Union, Crowe, Office of Naval Research, U.S. Army and US GAO.

Before returning to consulting and coaching, Kristy served in several leadership roles, strategically leading system-wide change to support leaders in delivering organizational outcomes. Her leadership roles have included succession/talent planning, organizational effectiveness, employee engagement, coaching, leadership development, and training.

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Kristy completed her Master of Science degree in Organizational Leadership, with research focused on Executive Development. She completed her Bachelor of Arts degree in Communication, holds several certifications in leading personality and psychological instruments, and is a certified executive coach.

To give back, Kristy volunteers with several non-profit organizations in her community.



Kairos Insights

Cultivating Healthy Organizations & Capable Leaders